

SPECTRACELL INSTRUCTIONS

SPECTRACELL TESTING REQUIRES A BLOOD DRAW. THESE TESTS ARE TIME SENSITIVE SO NEEDS TO BE TAKEN MONDAY, TUESDAY, WEDNESDAY AND THURSDAY TO ALLOW PROPER RECEIVAL OF SHIPMENTS BY SPECTRACELL LABORATORIES. FASTING IS REQUIRED FOR THE CARDIOVASCULAR/LIPID TESTING. NO FOOD 9-12 HOURS PRIOR TO BLOOD DRAW. DRINK PLENTY OF WATER IN ORDER TO STAY HYDRATED. **NO FASTING REQUIRED FOR MICRONUTRIENT, TELOMERE, AND MTHFR TESTING**

YOU WILL NEED: *Please complete these tasks before arrival at the lab for the blood draw*

1. Please attach front and back copy of your insurance card to the requisition form
2. A check (made out to Spectracell) or credit card payment (see example requisition form for costs)
3. Spectracell Requisition Form filled out with your information

Blood draw locations

Lafayette, CO

Arcpoint Labs

1200 W. South Boulder Road, #103 (must turn right on Centaur Village Dr.)

Lafayette, CO 80026

303-954-9864

They provide test kit(s)

Boulder, CO

Mile High Medical Services LLC – Antwonette Prothro (Tony)

2050 S. Oneida St. Ste 100

Denver CO 80224

303-815-1914

Mobile Blood Draw (requires 24 hour notice) (\$25 charge for home visits outside Denver)

Boulder Community Reference Lab

1155 Alpine Ave, Ste. 180

Boulder, CO 80304

303-440-2315

M-TH 7-2pm

Patients must provide test kit(s) and requisition

Colorado Springs, CO **ANY LAB TEST NOW® -**

7824B N. Academy Blvd, Colorado Springs, CO 80920

Phone: (719) 277-TEST (8378)

Hours of Operation:

Monday – Thursday: 7:30 a.m. to 5:00 p.m. Saturday: 9:00 a.m. to 2:00 p.m.

1835 S. Nevada Ave, Colorado Springs, CO 80906

Phone: (719) 634-8378

Hours of Operation:

Monday - Friday: 7:30 a.m. to 5:30 p.m. Saturday: 9:00 a.m. to 2:00 p.m.

Denver, CO

ANY LAB TEST NOW® - Denver - Centennial

10909 E Arapahoe Pl, Ste A-3, Centennial, CO 80112

Phone: (303) 758-1393

Hours of Operation:

Monday - Friday: 8:30 a.m. to 5:30 p.m. Saturday: By Appointment Sunday: By Appointment

Mile High Medical Services, LLC- Antwonette Prothro (requires 24 hours notice)

2050 S. Oneida St, Ste 100

Denver, CO 80224

Phone: (303)-815-1914