

5. Have you ever received either of the following treatments for the condition(s) mentioned above? If yes, please indicate length of time and effectiveness.

Physical Therapy:

Myofascial Release and Pelvicology:

6. By placing a slash on the line below, please indicate the level of **intensity** of your symptoms at this time.

None -----Worst Possible

7. What activities make your symptoms worse?

8. What activities make your symptoms better?

9. On the line below, please mark your daily-functional-ability based on percentage.

On a "good day" - 0% -----100%

On a "bad day" - 0% -----100%

10. Please indicate the area(s) of concern on the image below.

